

COURSE OUTLINE

Substance Abuse and Misuse – DOT | 6 hours

– Safety Sensitive Employees

SS.0 – Regulatory Update: Marijuana Rescheduling

SS.1 – What is Substance Abuse

SS.2 | DOT Drug and Alcohol Testing Overview

SS. 3 | What is Part 40

SS.4 | Prohibited Conduct

SS.5 | Common Drug Panel Tests

SS.6 | When will you get tested

SS.7 | Drug Testing

SS.8 | Alcohol Testing

SS.9 | Refusal to Test

SS.10 | Removal from Safety Sensitive Duties

SS.11 | DOT Return to Duty

SS.12 – Treatment, Prevention and Confidentiality –

RSA.1 | Terrifying Video of Drunk Truck Driver

Safety Sensitive Employee (8/22)

A1 – Addiction –

A1.1 – What is addiction –

A1.2 – Why do our brains get addicted?

A1.3 – Substance Abuse and Misuse Who Suffers

A1.4 – Is it a Choice –

A1.5 – Video: Why Addiction is Not a Choice

A1.6 – Risk and Protection –

A1.7 – Biological Factors –

A1.8 – Video: Rewriting the Story of My Addiction

A1.10 – Driver in 101 big-rig wreck was 5 times the DUI limit

A1 – Driver in 101 big-rig wreck was 5 times the DUI limit-(08/22)

C1 – Commonly Misused Drugs

C1.1 – Marijuana (Cannabis)

C1.2 – Cannabidiol (CBD)

C1.3 – Video: CBD oil

C1.0 – CBD Is Everywhere

C1.5 – Cocaine

C1.6 – Heroin

C1.7 – Hallucinogens and Dissociative Drugs

C1.8 – Inhalants

C1.9 – MDMA (Ecstasy/Molly)

C1.14 – Methamphetamine

C1.10 – Synthetic Cathinones (Bath Salts)

C1.11 – Opioids

C1.13 – Drugs (8/22)

C1.14 – Commonly Misused Drugs (8/22/)

C1.12 – CBD (8/22)

Alcohol

H1.1 – Effects on the Body –

H1.2 – Video: What Alcohol Does to Your Body

H1.3 – Fetal Alcohol Exposure

H1.5 – Alcohol Use Disorder –

H1.5 – Alcohol Use Disorder (8/22)

Q1 – Consequences –

Q1.2 – Infectious Diseases, Cancer, Cardiovascular –

Q1.3 – Respiratory Effects –

Q1.4 – Neurological, Hormonal, Prenatal, Mental... –

D1.8 – Drugged Driving –

D1 – Drugged Driving (8/22)

Q1 – Consequences (8/22)

Special Populations –

P1. 1 – Older Adults

P1. 2 – Prison, Military, LGBTQ and Women Populations –

P1. 4 – Special Populations (8/22)

Prevention, Treatment, Recovery –

P1.1 – Prevention –

P1.2 – Video: Let's quit abusing drug users

P1.3 – Prevention Alcohol –

P1.4 – What is Treatment –

P1.5 – Video: What physicians should know about addiction and recovery: Michelle

P1.6 – Treatment Options –

C126.4 – How to Find Treatment –

C126.3 – Video: What Physicians Should Know About Addiction and Recovery – George

C126.5 – Recovery and Relapse

C127.5 Video: Be Recovered: Breaking free from the Disease of Addiction

P1.2 – Prevention (8/22)

Post Test (9/23)