

COURSE OUTLINE

Cannabis – Marijuana, THC, CBD, Synthetics – DOT | 6 Hours

C1 – Cannabis – This Is For You

- C16.1 – Not Knowing Is Not An Excuse
- C16.2 – Sometimes All It Takes Is A Single Incident
- C16.3 – Cannabis Use – Pause, Reflect, Respond
- C16.4 – Supreme Court Sides Driver in CBD Oil Case

C2 – Cannabis – the Basics

- C26.0 | Let's Learn Some Cannabis Terms & Definitions
- C26.1 | Interesting Facts About Cannabis
- C26.2 – A Brief History of Cannabis
- C26.3 – Video: Where Did the Cannabis Plant Come From?
- C26.4 – Types of Cannabis
- C26.5 – Names for Cannabis: From Marijuana to Delta 9
- C26.6 – Better Buns
- C26.7 – What is Cannabis
- RSA.1 | Terrifying Video of Drunk Truck Driver

C3 – Cannabis – the Histories

- C36.1 – Trends in History
- C36.3 – Federal Government's Stance on Safety
- C36.4 – A Brief History of Cannabis in the U.S.
- C36.5 – Real Life – Why I Quit – Miley Cyrus
- C36.6 – Quiz – The History of Cannabis

C4 – Cannabis Past And Present

- C46.1 – Changes in Cannabis
- C46.2- Changes in Cannabis
- C46.3 – Changes to Cannabis – CBD
- C46.4 – Real Life – Why I Quit – Brad Pitt
- C46.5 – Past versus Present – Pause, Reflect, Respond
- C46.6 – Quiz – Changes in Cannabis over the last 30 years

C5 – Finding The Truth – Why People Use Cannabis

- C56.3 – Finding the Truth – Social Use
- C56.5 – Finding The Truth – Medical Use
- C56.4 – Finding The Truth – Personal “Adult” Use
- C56.6 – Finding the Truth – To Summarize
- C56.7 – Video: How to see past your own perspective and find the truth
- C56.8 – Why I Quit – Lady Gaga
- C56.9 – Finding The Truth – Pause, Reflect, Respond
- C56.8 – Finding The Truth

C6 – Methods of Use – Objectives and Terms

- C66.1 – Methods of Use – Inhalation
- C66.2 – Method of Use: Oral Ingestion & Sublingual
- C66.3 – Method of Use – Topical
- C66.4 – Real Life – Why I Quit – Weedless.org

- C66.5 – Method of Use – Pause, Reflect, Respond
- C66.6 – Quiz – Method of Use
- C7 – Cannabis the Science
 - C76.1 – The Science – THC versus CBD
 - C76.2 – The Science – The Brain on THC
 - C76.3 – The Science – The Body on THC
 - The Science – Pause, Reflect, Respond –
 - C76.4 – Real Life – Why I Quit – Kid Cudi
 - C76.6 – Quiz – The Science
- C8 – Cannabis Effects
 - C86.1 – Effects of Marijuana Use on Physical Health – Respiratory System
 - C86.2 – Video: 17-year-old speaks out after double lung transplant due to vaping
 - C86.3 – Effects – Circulatory System
 - C86.4 – Effects – Central Nervous System
 - C86.6 – Video: Build A Brain
 - C86.5 – Effects: Digestive System
 - C86.7 – Effects Immune System
 - C86.8 – Effects – Reproductive System
 - C86.9 – Video: Medical Marijuana and Fertility
 - C86.11 – Effect – Pause, Reflect, Respond – Physical Health Effects
 - C86.11 – Effects of Cannabis (8/22)
- C9 – Effects of Marijuana Use on Mental Health
 - C96.1 -Effects – Mental Health
 - C96.2 -Mental Health
- C10 – Effects of Cannabis On the Job
 - C106.1 – Impairment
 - C106.2 – Many Drivers Never Return To Work
 - C106.3 – What Does The Law Say
 - C106.4 – The Law, Employees, & Employers
 - C106.5 – Effects Job – Pause, Reflect, Respond
 - C106.6 – Effects On the Job (8/22)
- C11 – CBD
 - C116.1 – Learning the Language
 - C116.2 – So What is Marijuana And What is Cannabis?
 - C116.3 – Let's Visualize
 - C116.4 – CBD Basics
 - C116.5 – Why Do People Use CBD?
 - C116.6 – Kinds of CBD
 - C116.7 – CBD Extraction Methods
 - C116.8 – How is CBD used?
 - C116.9 – Common Methods Continued
 - C116.10 – Side Effects of CBD
 - C116.11 – Concerns About CBD
 - C116.12 – CBD And THC Approved Medications
 - C116.13 – FDA Warnings
 - C116.14 – Selling CBD

- C116.15 – Video: Amazon prohibits CBD sales
- C116.16 – CBD Mislabeling and Contamination
- C116.17 – Operation CBDeceit
- C116.18 – Risks Of CBD
- C116.19 – Interactions
- C116.20 – Narrow Therapeutic Index
- C116.21 – Risk Of CBD In Pregnancy
- C116.22 – CBD Stories – A Trucker, Train Engineer and Flight Attendant
- C1.0 – CBD Is Everywhere
- C116.23 – CBD
- Safety Sensitive Employees
 - SS.0 – Regulatory Update: Marijuana Rescheduling
 - SS.1 – What is Substance Abuse
 - SS.2 | DOT Drug and Alcohol Testing Overview
 - SS. 3 | What is Part 40
 - SS.4 | Prohibited Conduct
 - SS.6 | When will you get tested
 - SS.7 | Drug Testing
 - SS.8 | Alcohol Testing
 - SS.Q8 – Alcohol Testing (8/22)
 - SS.9 | Refusal to Test
 - SS.10 | Removal from Safety Sensitive Duties
 - SS.10 – Removal (8/22)
 - SS.11 | DOT Return to Duty
 - SS.12 – Treatment, Prevention and Confidentiality –
 - A1.1 – What is addiction –
 - SS.5 | Common Drug Panel Tests
 - SS.Q5 – Common Drug Panel (08/22)
- C12 – Prevention and Treatment
 - C126.1 – Self-Diagnosing For Cannabis Use Disorder
 - C126.2 – Psychiatric Times Case Study
 - C126.3 – Video: What Physicians Should Know About Addiction and Recovery – George
 - C126.4 – How to Find Treatment –
 - C126.5 – Recovery and Relapse
 - C126.6- References and Resources
 - Cannabis – Post Test