

COURSE OUTLINE

Cannabis – Marijuana, THC, CBD, Synthetics – DOT | 4 Hours

- C1 – Cannabis – This Is For You
 - C16.1 – Not Knowing Is Not An Excuse
 - C16.2 – Sometimes All It Takes Is A Single Incident
 - C16.4 – Supreme Court Sides Driver in CBD Oil Case
- C2 – Cannabis – the Basics
 - C26.0 | Let's Learn Some Cannabis Terms & Definitions
 - C26.1 | Interesting Facts About Cannabis
 - C26.2 – A Brief History of Cannabis
 - C26.4 – Types of Cannabis
 - C26.5.1 – Understanding Delta-8 and Delta-9 THC*
 - C26.6 – Better Buns
 - C26.7 – What is Cannabis
 - RSA.1 | Terrifying Video of Drunk Truck Driver
- C3 – Cannabis – the Histories
 - C36.1 – Trends in History
 - C36.3 – Federal Government's Stance on Safety
 - C36.5 – Real Life – Why I Quit – Miley Cyrus
 - C36.6 – Quiz – The History of Cannabis
- C4 – Cannabis Past And Present
 - C46.1 – Changes in Cannabis
 - C46.2- Changes in Cannabis
 - C46.3 – Changes to Cannabis – CBD
 - C46.4 – Real Life – Why I Quit – Brad Pitt
 - C46.6 – Quiz – Changes in Cannabis over the last 30 years
- C5 – Finding The Truth – Why People Use Cannabis
 - C56.3 – Finding the Truth – Social Use
 - C56.5 – Finding The Truth – Medical Use
 - C56.4 – Finding The Truth – Personal "Adult" Use
 - C56.6 – Finding the Truth – To Summarize
 - C56.8 – Why I Quit – Lady Gaga
 - C56.9 – Finding The Truth – Pause, Reflect, Respond
 - C56.8 – Finding The Truth
- C6 – Methods of Use – Objectives and Terms
 - C66.1 – Methods of Use – Inhalation
 - C66.2 – Method of Use: Oral Ingestion & Sublingual
 - C66.3 – Method of Use – Topical
 - C66.6 – Quiz – Method of Use
- C7 – Cannabis the Science
 - C76.1 – The Science – THC versus CBD
 - C76.2 – The Science – The Brain on THC
 - C76.3 – The Science – The Body on THC
 - C76.6 – Quiz – The Science

C8 – Cannabis Effects

C86.1 – Effects of Marijuana Use on Physical Health – Respiratory System

C86.3 – Effects – Circulatory System

C86.4 – Effects – Central Nervous System

C86.5 – Effects: Digestive System

C86.7 – Effects Immune System

C86.8 – Effects – Reproductive System

C96.1 -Effects – Mental Health

C86.11 – Effect – Pause, Reflect, Respond – Physical Health Effects

C86.11 – Effects of Cannabis (8/22)

C10 – Effects of Cannabis On the Job

C106.1 – Impairment

C106.2 – Many Drivers Never Return To Work

C106.3 – What Does The Law Say

C106.4 – The Law, Employees, & Employers

C106.5 – Effects Job – Pause, Reflect, Respond

C106.6 – Effects On the Job (8/22)

C11 – CBD

C116.1 – Learning the Language

C116.2 – So What is Marijuana And What is Cannabis?

C116.3 – Let's Visualize

C116.4 – CBD Basics

C116.8 – How is CBD used?

C116.10 – Side Effects of CBD

C116.12 – CBD And THC Approved Medications

C116.13 – FDA Warnings

C116.14 – Selling CBD

C116.15 – Video: Amazon prohibits CBD sales

C116.16 – CBD Mislabeling and Contamination

C116.17 – Operation CBDeceit

C116.18 – Risks Of CBD

C116.22 – CBD Stories – A Trucker, Train Engineer and Flight Attendant

C1.0 – CBD Is Everywhere

C116.23 – CBD

– Safety Sensitive Employees

SS.0 – Regulatory Update: Marijuana Rescheduling

SS.1 – What is Substance Abuse

SS.2 | DOT Drug and Alcohol Testing Overview

SS. 3 | What is Part 40

SS.4 | Prohibited Conduct

SS.6 | When will you get tested

SS.7 | Drug Testing

SS.8 | Alcohol Testing

SS.9 | Refusal to Test

SS.10 | Removal from Safety Sensitive Duties

SS.11 | DOT Return to Duty

SS.12 – Treatment, Prevention and Confidentiality –

SS.5 | Common Drug Panel Tests

C12 – Prevention and Treatment

C126.1 – Self-Diagnosing For Cannabis Use Disorder

C126.2 – Psychiatric Times Case Study

C126.4 – How to Find Treatment –

C126.5 – Recovery and Relapse

C126.6- References and Resources

Cannabis – Post Test