

COURSE OUTLINE

Substance Abuse and Misuse – DOT | 4 hours

– Safety Sensitive Employees

- SS.0 – Regulatory Update: Marijuana Rescheduling
- SS.1 – What is Substance Abuse
- SS.2 | DOT Drug and Alcohol Testing Overview
- SS.3 | What is Part 40
- SS.4 | Prohibited Conduct
- SS.5 | Common Drug Panel Tests
- SS.6 | When will you get tested
- SS.7 | Drug Testing
- SS.8 | Alcohol Testing
- SS.9 | Refusal to Test
- SS.10 | Removal from Safety Sensitive Duties
- SS.11 | DOT Return to Duty
- AIM1.6 | Tragic Multi-Vehicle Collision
- Safety Sensitive Employee (8/22)

A1 – Addiction –

- A1.1 – What is addiction –
- A1.3 – Substance Abuse and Misuse Who Suffers
- A1.4 – Is it a Choice –
- A1.6 – Risk and Protection –
- A1.7 – Biological Factors –
- A1.6 – Risk and Protective (8/22)

C1 – Commonly Misused Drugs

- C1.1 – Marijuana (Cannabis)
- C1.2 – Cannabidiol (CBD)
- C1.3 – Video: CBD oil
- C1.0 – CBD Is Everywhere
- C1.5 – Cocaine
- C1.6 – Heroin
- C1.7 – Hallucinogens and Dissociative Drugs
- C1.8 – Inhalants
- C1.9 – MDMA (Ecstasy/Molly)
- C1.10 – Synthetic Cathinones (Bath Salts)
- C1.11 – Opioids
- Fentanyl – One Pill Can Kill
- C1.14 – Methamphetamine
- RSA.1 | Terrifying Video of Drunk Truck Driver
- C1.14 – Commonly Misused Drugs (8/22/)
- C1.12 – CBD (8/22)

H1 – Alcohol –

- H1.1 – Effects on the Body –
- H1.5 – Alcohol Use Disorder –

H1.5 – Alcohol Use Disorder (8/22)

H1.7 – America West Airlines Flight 556 –

H1.7 – America West Airlines Flight 556 (8/22)

Q1 – Consequences –

Q1.2 – Infectious Diseases, Cancer, Cardiovascular –

Q1.3 – Respiratory Effects –

Q1.4 – Neurological, Hormonal, Prenatal, Mental... –

AIM.6.10 – Sierra Diagnosed with Wernicke's Korsakoff at 25

Q1 – Consequences (8/22)

Prevention, Treatment, Recovery

P1.1 – Prevention –

P1.3 – Prevention Alcohol –

P1.4 – What is Treatment –

P1.6 – Treatment Options –

C126.4 – How to Find Treatment –

C126.5 – Recovery and Relapse

Post Test (9/23)