## **COURSE OUTLINE**

Substance Abuse and Misuse - DOT | 4 hours

- Safety Sensitive Employees
  - SS.1 What is Substance Abuse
  - SS.2 | DOT Drug and Alcohol Testing Overview
  - SS. 3 | What is Part 40
  - SS.4 | Prohibited Conduct
  - SS.5 | Common Drug Panel Tests
  - SS.6 | When will you get tested
  - SS.7 | Drug Testing
  - SS.8 | Alcohol Testing
  - SS.9 | Refusal to Test
  - SS.10 | Removal from Safety Sensitive Duties
  - SS.11 | DOT Return to Duty
  - AIM1.6 | Tragic Multi-Vehicle Collision
  - Safety Sensitive Employee (8/22)
- A1 Addiction -
  - A1.1 What is addiction -
  - A1.3 Substance Abuse and Misuse Who Suffers
  - A1.4 Is it a Choice -
  - A1.6 Risk and Protection -
  - A1.7 Biological Factors -
  - A1.6 Risk and Protective (8/22)
- C1 Commonly Misused Drugs
  - C1.1 Marijuana (Cannabis)
  - C1.2 Cannabidiol (CBD)
  - C1.3 Video: CBD oil
  - C1.0 CBD Is Everywhere
  - C1.5 Cocaine
  - C1.6 Heroin
  - C1.7 Hallucinogens and Dissociative Drugs
  - C1.8 Inhalants
  - C1.9 MDMA (Ecstasy/Molly)
  - C1.10 Synthetic Cathinones (Bath Salts)
  - C1.11 Opioids
  - Fentanyl One Pill Can Kill
  - C1.14 Methamphetamine
  - RSA.1 | Terrifying Video of Drunk Truck Driver
  - C1.14 Commonly Misused Drugs (8/22/)
  - C1.12 CBD (8/22)
- H1 Alcohol -
  - H1.1 Effects on the Body -
  - H1.5 Alcohol Use Disorder -
  - H1.5 Alcohol Use Disorder (8/22)

- H1.7 America West Airlines Flight 556 –
- H1.7 America West Airlines Flight 556 (8/22)
- Q1 Consequences -
  - Q1.2 Infectious Diseases, Cancer, Cardiovascular -
  - Q1.3 Respiratory Effects -
  - Q1.4 Neurological, Hormonal, Prenatal, Mental... -
  - AIM.6.10 Sierra Diagnosed with Wernicke's Korsakoff at 25
  - Q1 Consequences (8/22)
- Prevention, Treatment, Recovery
  - P1.1 Prevention -
  - P1.3 Prevention Alcohol -
  - P1.4 What is Treatment -
  - P1.6 Treatment Options -
  - C126.4 How to Find Treatment -
  - C126.5 Recovery and Relapse
  - Post Test (9/23)