

COURSE OUTLINE

Substance Abuse and Misuse – DOT | 4 hours

- Safety Sensitive Employees
 - SS.0 – Regulatory Update: Marijuana Rescheduling
 - SS.1 – What is Substance Abuse
 - SS.2 | DOT Drug and Alcohol Testing Overview
 - SS. 3 | What is Part 40
 - SS.4 | Prohibited Conduct
 - SS.5 | Common Drug Panel Tests
 - SS.6 | When will you get tested
 - SS.7 | Drug Testing
 - SS.8 | Alcohol Testing
 - SS.9 | Refusal to Test
 - SS.10 | Removal from Safety Sensitive Duties
 - SS.11 | DOT Return to Duty
 - AIM1.6 | Tragic Multi-Vehicle Collision
 - Safety Sensitive Employee (8/22)
- A1 – Addiction –
 - A1.1 – What is addiction –
 - A1.3 – Substance Abuse and Misuse Who Suffers
 - A1.4 – Is it a Choice –
 - A1.6 – Risk and Protection –
 - A1.7 – Biological Factors –
 - A1.6 – Risk and Protective (8/22)
- C1 – Commonly Misused Drugs
 - C1.1 – Marijuana (Cannabis)
 - C1.2 – Cannabidiol (CBD)
 - C1.3 – Video: CBD oil
 - C1.0 – CBD Is Everywhere
 - C1.5 – Cocaine
 - C1.6 – Heroin
 - C1.7 – Hallucinogens and Dissociative Drugs
 - C1.8 – Inhalants
 - C1.9 – MDMA (Ecstasy/Molly)
 - C1.10 – Synthetic Cathinones (Bath Salts)
 - C1.11 – Opioids
 - Fentanyl – One Pill Can Kill
 - C1.14 – Methamphetamine
 - RSA.1 | Terrifying Video of Drunk Truck Driver
 - C1.14 – Commonly Misused Drugs (8/22/)
 - C1.12 – CBD (8/22)
- H1 – Alcohol –
 - H1.1 – Effects on the Body –
 - H1.5 – Alcohol Use Disorder –

H1.5 – Alcohol Use Disorder (8/22)

H1.7 – America West Airlines Flight 556 –

H1.7 – America West Airlines Flight 556 (8/22)

Q1 – Consequences –

Q1.2 – Infectious Diseases, Cancer, Cardiovascular –

Q1.3 – Respiratory Effects –

Q1.4 – Neurological, Hormonal, Prenatal, Mental... –

AIM.6.10 – Sierra Diagnosed with Wernicke's Korsakoff at 25

Q1 – Consequences (8/22)

Prevention, Treatment, Recovery

P1.1 – Prevention –

P1.3 – Prevention Alcohol –

P1.4 – What is Treatment –

P1.6 – Treatment Options –

C126.4 – How to Find Treatment –

C126.5 – Recovery and Relapse

Post Test (9/23)